

DIE ESSENSIE VAN NEO-SPEKTRUM:

Hier erken ons dat die KRAG wat in ons is nie van ons is nie
Hier ontmoet ons 'n God wat LEWE en LIEFDE is
Hier laat ons 'n GELOOFWAARDIGE stem hoor
Hier word alle mense MENSWAARDIG behandel
Hier is ruimte vir ANDERSDENKENDES
Hier gee 'n wysheidsirkel aan elkeen 'n STEM
Hier is geen VERWYDERING of VEROORDELING nie

KONTAKBESONDERHEDE

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Facebook: Neo-Spektrum

Leierspan: Almal se insette welkom

 **ACIM Donderdagaande 7pm @ Kolping** 
Barnyard: 'We are the Champions' 12 Oktober 8pm

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA

Naam en Van

E-Mail _____ Sel _____

Woonadres

ADRES

Vanaf N1 ± 8km tot by sirkel en uit in Koebergweg — tweede straat regs is:
Biccard Straat (Kolping Centre aan jou regterkant) Durbanville

TIENDE MAAND IS DANKOFFER-MAAND

Bankrekening vir bydraes

FNB: Wysheidsirkel

Takkode: **201-409**

Rekening: **551 601 09804**

BAIE DANKIE

Ons vra 'n maandelikse bydrae
hetsy per koevert of per EFT

Groot ASSEBLIEF en DANKIE



Neo-Spektrum

6 Oktober 2013

SPIRITUELE INTELLIGENSIE

"SILENCE OF THE MIND"

STILTE IN DIE KAPEL

~ LÁMH AR LÁMH — CLANNED ~

IN DIE TEENWOORDIGHEID VAN GOD

In hierdie ruimte voel ons U teenwoordigheid —
hier is U beide ons Heilige Vader en Helende Moeder.

Help ons om U gesig te sien in elkeen wat ons sien
en als waarna ons kyk.

Vul ons met U teenwoordigheid in elke spasie tussen ons,
in die stilte tussen elke asemhaling
sodat ons onself kan klee met U Goddelike Liefde en Lig.

Draai ons toe met U Heerlikheid
want met aanbidding en ontvanklikheid
wil ons 'n blywende ervaring met U hê.

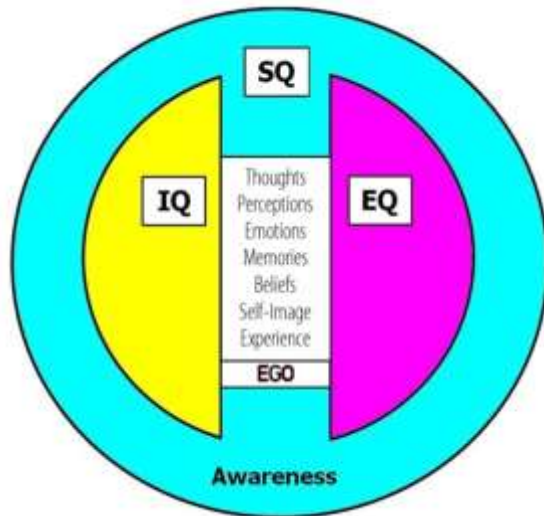
U, is ons lig.

U, is ons lewe.

U, is ons liefhê.

- STILTETYD -

SPIRITUELE INTELLIGENSIE



IQ: Intellectual Intelligence
EQ: Emotional Intelligence
SQ: Spiritual Intelligence
IQ + EQ in domain of EGO
[Everything we are aware of]
Thoughts, Perceptions,
Emotions, Memories, Self-
Image, Beliefs, Experience.
Objects of Attention
Seeking Satisfaction
Discontent and Lacking
Reacting, not Responding
Projecting, not Reflecting
Not who you are!

SQ = SOUL [Spiritual Awareness] Wisdom, Truth, Compassion,
Integrity, Joy, Love, Creativity, Peace.
Subject of Attention [and] Not Seeking
Already Happy [and] In the Moment
Respond, not Reacting. Reflecting, not Projecting

*Key to Spiritual Intelligence — Experience your Self as
feeling-awareness itself, rather than your body and mind.*

*Intelligensie is meer as IQ — taalkundige, musikale,
wiskundige, dimensionele, emosionele, interpersoonlike,
intrapersoonlike — SQ gee insig (wysheid) en uitsig (waarheid)*



IQ — **NOTICE** ... Notice the subject of attention
(notice that attention has two poles)

EQ — **FEEL** ... Feel the qualities of feeling-awareness itself
(using the still points of the breath cycle)

SQ — **BEING** ... Be feeling-awareness itself
(breathe in at the subject-pole of attention)

"The intelligence with which we address and solve problems of meaning and value, the intelligence with which we can place our actions and our lives in a wider, richer, meaning-giving context, the intelligence with which we can assess that one course of action or one life-path is more meaningful than another." (David Zohar)

*** Soek eers die "Koninkryk van God" wat in en om julle is (Matt 6:33, Luk 17:21)



GIVING TRANSFORMS HAVING INTO BEING



~ HYMN (TO HER LOVE) — CLANNED ~

HERINNERING EN SEËNBEDE

A spiritual education teaches how to keep the mind free from tension and fluctuations. An unsteady mind is the result of letting yourself be strongly influenced by human situations. Spiritual awareness keeps you centred and thus protected. You claim increasing happiness and help others to do the same. The world is a supermarket of sorrow. Don't buy any! A good spiritual education teaches you how to be discerning in your shopping. Refuse to accept anything but happiness from others, as well as the world. Spirituality is the art of balancing your responsibilities: to yourself, to your family and to the whole world. The basis for this is a deep understanding of the self, God and the law of cause and effect. Knowing the self enables you to be detached from physical factors and their limitations. Knowing God enables you to create a deep link of love and draw into yourself all attributes, virtues and powers from the Source.

— Dadi Janki —

IN LOVE, ALL IS POSSIBLE

~ CARMEN SUITE NR. 1: INTERMEZZO — BIZET ~

"Jesus antwoord hom: 'Die eerste is: 'Luister, Israel, die Here ons God is die enigste Here. Jy moet die Here jou God liefhê met jou hele hart en met jou hele siel en met jou hele verstand en met al jou krag.' Die tweede is: 'Jy moet jou naaste liefhê soos jouself.' Geen ander gebod is groter as dié twee nie.' 'Dis reg, leermeester!' sê die skrifgeleerde vir Hom. 'Dit is waar wat u gesê het: 'Die Here is die enigste God,' en 'daar is geen ander God as Hy nie.' En 'om Hom lief te hê met jou hele hart en met jou hele denke en met al jou krag' en 'om jou naaste lief te hê soos jouself' is van meer belang as al die brandoffers en ander diereoffers.' Toe Jesus hom verstandig hoor praat, sê Hy vir hom: 'Jy is nie ver van die koninkryk van God af nie.'"

— Markus 12:29-34 —