

DIE ESSENSIE VAN NEO-SPEKTRUM:

Hier ontmoet ons 'n God wat LEWE en LIEFDE is
Hier erken ons dat die KRAG wat in ons is nie van ons is nie
Hier laat ons 'n GELOOFWAARDIGE stem hoor
Hier word alle mense MENSWAARDIG behandel
Hier is ruimte vir ANDERSDENKENDES
Hier gee 'n wysheidsirkel aan elkeen 'n STEM
Hier is geen VERWYDERING of VEROORDELING nie

KONTAKBESONDERHEDE

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☀ **ACIM 23 Junie 2014 (19h30) — Stad** ☀
☀ **ACIM 26 Junie 2014 (19h00) — Kolping** ☀

ETE ELKE EERSTE SONDAG VAN DIE MAAND

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA

Naam en Van

E-Mail _____ Sel _____

ADRES

Vanaf N1 ± 8km tot by sirkel en uit in Koebergweg — tweede straat regs is:

Biccard Straat (Kolping Centre aan jou regterkant) Durbanville

Bankrekening vir bydraes

ABSA: Neo-Spektrum

Takkode: **632005**

Rekening: **4083481065**

BAIE DANKIE

Ons vra 'n maandelikse bydrae
hetsy per koevert of per EFT

Groot ASSEBLIEF en DANKIE



Neo-Spektrum

22 Junie 2014

DIVINE APPOINTMENTS

— IN TIMES OF ADVERSITY —

STILTE IN DIE KAPEL

~ I GRIEF — PETER GABRIEL ~

IN DIE TEENWOORDIGHEID VAN GOD

Alomteenwoordige God – in wie ons is en wat in ons is,
laat ons besef U koninkryk is in en om ons.

Laat U koninkryk kom oral waar ons is.

Gee aan ons 'n sensitiewe spirituele bewussyn —
wat ons reis vandag sal verlig — môre vra ons weer!

Leer ons om te vergewe sodat ons, ons vyande

vry kan maak van vrees en skuldgevoelens

sodat ons almal, versoen kan word met U.

Leer ons wat dit is om waarlik lief te hê —

en U teenwoordigheid in elke opsig sal ervaar.

Alwetende God — U is die koninkryk waarin ons leef.

Almagtige God — U is die enigste liefde wat daar is.

U is ons ervaring, ons herinnering, ons bewussyn en aanbidding ...

... ons reis en ons bestemming.

Dit is waar en verseker.

AMEN

- STILTETYD -

— Lees: Romeine 8:38-39 —

Hiervan is ek oortuig: geen dood of lewe of engele of magte of teenswoordige of toekomstige dinge of kragte of hoogte of diepte of enigiets anders in die skepping kan ons van die liefde van God skei nie, die liefde wat daar is in Christus Jesus ons Here.

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"The most beautiful people we have known are those who have known defeat, known suffering, known struggle, known loss, and have found their way out of the depths. These persons have an appreciation, a sensitivity, and an understanding of life that fills them with compassion, gentleness, and a deep loving concern. Beautiful people do not just happen." (E. K-R)

- ✍ **Denial** — What this means is that the person is trying to shut out the reality or magnitude of his/her situation, and begins to develop a false, preferable reality.
 - ✍ **Anger** — "Why me? It's not fair!"; "How can this happen to me?"; "Who is to blame?"; "Why would God let this happen?" [guilt]
 - ✍ **Bargaining** — "I'll do anything for another chance."; "I will give my life savings if..."; "I promise I can change" [fear]
 - ✍ **Depression** — "I'm so sad, why bother with anything?"; "I'm going to die soon so what's the point?"; "I miss my loved one, why go on?"
 - ✍ **Acceptance** — "It's going to be okay."; "I can't change it, I may as well prepare for it."; "Things will never be the same but I laugh again."
- =====

"If I've learned anything from life, it's that sometimes, the darkest times can bring us to the brightest places. I've learned that the most toxic people can teach us the most important lessons; that our most painful struggles can grant us the most necessary growth; and that the most heartbreaking losses of friendship and love can make room for the most wonderful people. I've learned that what seems like a curse in the moment can actually be a blessing, and that what seems like the end of the road is actually just the discovery that we are meant to travel down a different path. I've learned that no matter how difficult things seem, there is always hope. And I've learned that no matter how powerless we feel or how horrible things seem, we can't give up. We have to keep going. Even when it's scary, even when all of our strength seems gone, we have to keep picking ourselves back up and moving forward, because whatever we're battling in the moment, it will pass, and we will make it through. We've made it this far. We can make it through whatever comes next." — Daniell Koepke



GIVING TRANSFORMS HAVING INTO BEING



~ REBIRTH — BRUNHVILLE ~

HERINNERING EN SEËNBEDE

*"In this you greatly rejoice,
even though now for a little while,
if necessary, you have been distressed by various trials,
so that the proof of your faith,
being more precious than gold which is perishable,
even though tested by fire,
may be found to result in praise and glory and honour
at the revelation of Jesus Christ;
and though you have not seen Him, you love Him,
and though you do not see Him now,
but believe in Him, you greatly rejoice with inexpressible joy
and full of glory"*
— 1 Peter 1:5-8 —

Kyk — die Alomteenwoordige se seëninge is in jou en om jou

Kyk — die Almagtige is nie weg of ver van jou nie

Kyk — die Ewige gee vir jou 'n KEUSE om te kies ...

... van vrees na liefde,

... van konflik na vrede.

Ons vra nie meer, laat die wêreld verander nie,
maar verander my !!

IN LOVE, ALL IS POSSIBLE

~ YOU ARE LOVED (DON'T GIVE UP) — JOSH GROBAN ~