

## DIE ESSENSIE VAN NEO-SPEKTRUM:

Hier ontmoet ons 'n God wat LEWE en LIEFDE is  
Hier erken ons dat die KRAG wat in ons is nie van ons is nie  
Hier laat ons 'n GELOOFWAARDIGE stem hoor  
Hier word alle mense MENSWAARDIG behandel  
Hier is ruimte vir ANDERSDENKENDES  
Hier gee 'n wysheidsirkel aan elkeen 'n STEM  
Hier is geen VERWYDERING of VEROORDELING nie

### KONTAKBESONDERHEDE

Terblanche Jordaan

Tel: 083.460.45.45

terblanche1@telkomsa.net

Webblad: [www.neo-spektrum.com](http://www.neo-spektrum.com)

Facebook: Neo-Spektrum

Leierspan: [riaan.neethling@gmail.com](mailto:riaan.neethling@gmail.com)

☀ **ACIM 9 Junie 2014 (19h30) — Stad** ☀  
☀ **ACIM 12 Junie 2014 (19h00) — Kolping** ☀

**Boekgroep: 2 Junie 2014 om 18:30 by Columbinestraat 24, Durbanville**

**Janus Prentzler bespreek die boek**

**Re-Claiming the Bible for a Non-Religious World deur John Shelby Spong**

## ETE ELKE EERSTE SONDAG VAN DIE MAAND

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA

Naam en Van

E-Mail \_\_\_\_\_ Sel \_\_\_\_\_

### ADRES

Vanaf N1 ± 8km tot by sirkel en uit in Koebergweg — tweede straat regs is:  
Biccard Straat (Kolping Centre aan jou regterkant) Durbanville

#### Bankrekening vir bydraes

**ABSA: Neo-Spektrum**

Takkode: **632005**

Rekening: **4083481065**

#### BAIE DANKIE

Ons vra 'n maandelikse bydrae  
hetsy per koevert of per EFT

Groot ASSEBLIEF en DANKIE



## Neo-Spektrum

### 1 Junie 2014

## DIVINE APPOINTMENTS

## RESTORATION & TRANSFORMATION

### STILTE IN DIE KAPEL

~ SONATA NO. 3 IN C MAJOR FOR GUITAR — BACH ~

### IN DIE TEENWOORDIGHEID VAN GOD

*I awoke each morning with the desire to do right, to be a good and meaningful person, to be, as simple as it sounded and as impossible as it actually was, happy. And during the course of each day my heart would descend from my chest into my stomach. By early afternoon I was overcome by the feeling that nothing was right, or nothing was right for me, and by the desire to be alone. By evening I was fulfilled: alone in the magnitude of my grief, alone in my aimless guilt, alone even in my loneliness. I am not sad, I would repeat to myself over and over, I am not sad. As if I might one day convince myself. Or fool myself. Or convince others - the only thing worse than being sad is for others to know that you are sad. I am not sad. I am not sad. Because my life had unlimited potential for happiness, insofar as it was an empty white room. I would fall asleep with my heart at the foot of my bed, like some domesticated animal that was no part of me at all. And each morning I would wake with it again in the cupboard of my rib cage, having become a little heavier, a little weaker, but still pumping. And by the mid-afternoon I was again overcome with the desire to be somewhere else, someone else, someone else somewhere else. I am not sad."*

— Jonathan Safran Foer (Everything Is Illuminated) —

- STILTETID -

— Lees: Markus 4:30-32 —

"Hoe sal ons die koninkryk van God voorstel, of met watter gelykenis sal ons dit uitbeeld? Dit is soos 'n mosterdsaadjie. Wanneer dit in die land geplant word, is dit die kleinste van al die soorte saad daar in die land. Maar as dit eenmaal geplant is, kom dit op en word dit groter as al die tuinplante. Dit kry sulke groot takke dat die voëls in sy skaduwee kom nes maak."

~~~~~  
*"We are kept from the experience of Spirit because our inner world is cluttered with past traumas ... As we begin to clear away this clutter, the energy of divine light and love begins to flow through our beings"* — Father Thomas Keating

VYF stappe om die "Godelike Lig en Liefde deur ons te laat vloei"

- ✚ sterf in wat was sodat wat kan wees, opstaan (rehabilitasie)
- ✚ sterf in projeksie sodat refleksie kan opstaan (restourasie)
- ✚ sterf in verwydering sodat versoening opstaan (integrasie)
- ✚ sterf in myself sodat my Self kan opstaan (transformasie)
- ✚ ... leef dan as koeltebome in die Koninkryk van God (manifestasie)

***"Make room in your life and create space for something new by releasing old thought patterns, habits, and ideas you've been holding on to for too long. Release and bless that which no longer serves you."***

— Chuck Spezzano

"I've learned that no matter what happens, or how bad it seems today, life does go on, and it will be better tomorrow. I've learned that you can tell a lot about a person by the way he/she handles these three things: a rainy day, lost luggage, and tangled Christmas tree lights. I've learned that regardless of your relationship with your parents, you'll miss them when they're gone from your life. I've learned that making a "living" is not the same thing as making a "life." I've learned that life sometimes gives you a second chance. I've learned that you shouldn't go through life with a catcher's mitt on both hands; you need to be able to throw something back. I've learned that whenever I decide something with an open heart, I usually make the right decision. I've learned that even when I have pains, I don't have to be one. I've learned that every day you should reach out and touch someone. People love a warm hug, or just a friendly pat on the back. I've learned that I still have a lot to learn. I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

— Maya Angelou



## GIVING TRANSFORMS HAVING INTO BEING



~ NU BITTEN WIR DEN HEILIGEN GEIST — BACH ~

### HERINNERING EN SEËNBEDE

*The ship of my life may or may not  
be sailing on calm and amiable seas.  
The challenging days of my existence may or may not  
be bright and promising.  
Stormy or sunny days, glorious or lonely nights,  
I maintain an attitude of gratitude.  
If I insist on being pessimistic,  
there is always tomorrow.  
Today I am blessed.*

— Maya Angelou —

Verder, alles wat waar is,  
alles wat edel is,  
alles wat reg is,  
alles wat rein is,  
alles wat mooi is,  
alles wat prysenswaardig is —  
watter deug  
of lofwaardige saak daar ook mag wees —  
daarop moet julle julle gedagtes rig.  
(Filippense 4:8)

### IN LOVE, ALL IS POSSIBLE

JESU, JOY OF MAN'S DESIRING (BACH) — JOSH GROBAN