

## DIE ESSENSIE VAN NEO-SPEKTRUM:

Hier erken ons dat die KRAG wat in ons is nie van ons is nie  
Hier ontmoet ons 'n God wat LEWE en LIEFDE is  
Hier laat ons 'n GELOOFWAARDIGE stem hoor  
Hier word alle mense MENSWAARDIG behandel  
Hier is ruimte vir ANDERSDENKENDES  
Hier gee 'n wysheidsirkel aan elkeen 'n STEM  
Hier is geen VERWYDERING of VEROORDELING nie

### KONTAKBESONDERHEDE

Terblanche Jordaan

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**Webblad:** [www.neo-spektrum.com](http://www.neo-spektrum.com)

**Facebook:** Neo-Spektrum

**Leierspan:** Almal se insette welkom



**ACIM Donderdagaande 7pm @ Kolping**  
**Kontak [riaan.neethling@gmail.com](mailto:riaan.neethling@gmail.com) om aan te sluit by ons Neo-Spektrum Vrywillige Vereniging**

**ETE ELKE EERSTE SONDAG VAN DIE MAAND**

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA

Naam en Van

E-Mail \_\_\_\_\_ Sel \_\_\_\_\_

### ADRES

Vanaf N1 ± 8km tot by sirkel en uit in Koebergweg — tweede straat regs is:  
Biccard Straat (Kolping Centre aan jou regterkant) Durbanville

**Bankrekening vir bydraes**

**FNB: Wysheidsirkel**

**Takkode: 201-409**

**Rekening: 551 601 09804**

**BAIE DANKIE**

Ons vra 'n maandelikse bydrae  
hetsy per koevert of per EFT

Groot ASSEBLIEF en DANKIE



Neo-Spektrum  
**17 November 2013**

— THE GIFT OF LIFE —  
“CHOICE, CHANCE, CHANGE”

## STILTE IN DIE KAPEL

~ FRAGILE — STING ~

## IN DIE TEENWOORDIGHEID VAN GOD

If blood will flow when flesh and steel are one  
Drying in the colour of the evening sun  
Tomorrow's rain will wash the stains away  
But something in our minds will always stay  
Perhaps this final act was meant  
To clinch a lifetime's argument  
That nothing comes from violence and nothing ever could  
For all those born beneath an angry star  
Lest we forget how fragile we are  
  
On and on the rain will fall  
Like tears from a star like tears from a star  
On and on the rain will say  
How fragile we are how fragile we are  
On and on the rain will fall  
Like tears from a star like tears from a star  
On and on the rain will say  
  
How fragile we are how fragile we are  
How fragile we are how fragile we are

- STILTETYD -

*Listen to what you know instead of what you fear.*  
— Richard Bach —

Johannes 10:10

“Ek het gekom sodat julle lewe kan hê, en dit in oorvloed!”

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- (1) **Be impeccable with your word: speak with integrity** — Regarding words, the rules of “action-reaction” apply. What you put out energetically will return to you. Integrity starts at home and means *‘being true to yourself’ — know your truth.*
- (2) **Don't take everything personally: what others do or say is none of your business** — Even if someone yells, gossips about you, harms you, it still is not about you! Their actions and words are based on what they believe in their personal dream
- (3) **Don't make assumptions and don't compare: the art of true communication** — Find the courage to ask questions without blame, and express what you really want. Avoid misunderstandings, sadness, and drama.
- (4) **Always do your best: the ‘best’ is a moment to moment decision** — simply do your best, and you will avoid self-judgment, self-abuse, and regret. Doing your best means enjoying the action without expecting a reward.
- (5) **Live purposefully: identify and simplify your passions** — In order to achieve your dreams and be the person you want to be you'll have to start paying attention to your actions. Ask yourself, is what I'm doing going to lead me to where I want to be in life?
- (6) **What's good for the goose is good for the gander: careful for double standards** — be consistent, don't compare because there is no ‘lack’ Always follow your heartfelt values, and never let a situation or anyone steer you away from doing what you know is right for you.
- (7) **Curiosity, Creativity and Moderation: pushing boundaries** — moderation in all things especially moderation. Curiosity isn't intellectual snobbism or nosiness just as creativity is not a business-plan. Pushing boundaries doesn't mean push your luck ... but it dares to dream and be in awe with the magnificent journey called, Life.

"We've had many, many great moments, very special moments, but of course I believe the biggest moment in my life is yet to come. Otherwise it would be quite sad to look to the future and say the greatest moment has been already and I have nothing to look forward to." - Sebastian Vettel

CHOICE, CHANCE, CHANGE - You must make a 'choice',  
to take a 'chance' or your life will never 'change'!!

*Change the changeable, accept the unchangeable,  
and remove yourself from the unacceptable.*  
— Denis Waitley—



# GIVING TRANSFORMS HAVING INTO BEING



UN DIMANCHE EN AUTOMNE (‘N SONDAG IN HERFS)

~ SCALA & KOLACNY BROTHERS ~

## HERINNERING EN SEËNBEDE

“He has achieved success who has lived well,  
laughed often and loved much;  
who has enjoyed the trust of pure women,  
the respect of intelligent men  
and the love of little children;  
who has filled his niche and accomplished his task;  
who has left the world better than he found it,  
whether by an improved poppy,  
a perfect poem, or a rescued soul;  
who has never lacked appreciation of Earth's beauty  
or failed to express it;  
who has always looked for the best in others  
and given them the best he had;  
whose life was an inspiration;  
whose memory a benediction.”

— Betty Anderson Stanley—

## IN LOVE, ALL IS POSSIBLE

~ JESU, JOY OF MAN'S DESIRING — JOSH GROBAN ~