

DIE ESSENSIE VAN NEO-SPEKTRUM:

Hier ontmoet ons 'n God wat LEWE en LIEFDE is
Hier erken ons dat die KRAG wat in ons is nie van ons is nie
Hier laat ons 'n GELOOFWAARDIGE stem hoor
Hier word alle mense MENSWAARDIG behandel
Hier is ruimte vir ANDERSDENKENDES
Hier gee 'n wysheidsirkel aan elkeen 'n STEM
Hier is geen VERWYDERING of VEROORDELING nie

KONTAKBESONDERHEDE

Terblanche Jordaan

Tel: 083.460.45.45

terblanche1@telkomsa.net

Webblad: www.neo-spektrum.com

Facebook: Neo-Spektrum

Leierspan: Almal se insette welkom



ACIM: Stad 17 Maart 19h30

ACIM: Kolping 20 Maart 19h00



ETE ELKE EERSTE SONDAG VAN DIE MAAND

**Neo-Spektrum Gemeente Vergadering
13 April 2014 na die Diens**

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA

Naam en Van

E-Mail _____ Sel _____

ADRES

Vanaf N1 ± 8km tot by sirkel en uit in Koebergweg — tweede straat regs is:
Biccard Straat (Kolping Centre aan jou regterkant) Durbanville

Bankrekening vir bydraes

FNB: Wysheidsirkel

Takkode: 201-409

Rekening: 551 601 09804

BAIE DANKIE

Ons vra 'n maandelikse bydrae
hetsy per koevert of per EFT

Groot ASSEBLIEF en DANKIE



Neo-Spektrum

16 Maart 2014

— HAPPINESS —

"My happiness is your happiness"

STILTE IN DIE KAPEL

~ PAVANE (GABRIEL FAURÉ) — BOBBY MCFERRIN ~

IN DIE TEENWOORDIGHEID VAN GOD

Ek glo in die skeppende God
van die wordende heelal
wie se naam te heilig was om uit te spreek:
Jahwe, die God van Israel,
wat 'n vader geword het vir Jesus van Nasaret,
die wonderskone boodskapper
van die onmoontlike liefde,
deur wie God my vader maar ook my moeder is.
Ek glo in die Heilige Gees
wat mense in alle tye inspireer
tot werke wat die stempel dra van die ewige.
Ek glo dat omdat ek lewe ek aan alle lewendes
sorg en deernis verskuldig is
en ek glo dat as ek sterf ek opgeneem sal word
in die durende siklus van vernuwing en verval
en dat die lewe triomfeer in elke geboortekreet
omdat die lewe magtiger is
as die dood.

(DIE GELOOFSBELYDENIS VAN 'N AFVALLIGE — LINA SPIES)

- STILTETyd -

— Lees: 1 Johannes 5:20 —

En ons weet dat die Seun van God gekom het en ons verstand gegee het
om die ware God te KEN; en ons is IN die ware God,
IN sy Seun, Jesus Christus. Hy is die ware God en die EWIGE LEWE.

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“True happiness is to enjoy the present, without anxious dependence upon the future, not to amuse ourselves with either hopes or fears but to rest satisfied with what we have, which is sufficient, for he that is so wants nothing. The greatest blessings of mankind are within us and within our reach. A wise man is content with his lot, whatever it may be, without wishing for what he has not.” — Lucius Seneca (4BC-65AD)

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— FIVE PRINCIPLES OF WHAT ‘HAPPINESS’ MEANS —

1. **God is my Source** — something/one greater than me is working in and through my life ... it supports and sustains me
 2. **Knowing is my Foundation** — listen to your intuition and the pull of your heart ... it reminds and remains in me
 3. **Intention is my Navigation** — decide what you want to do and start to listen to the silent voice in the inside
 4. **Openness is my Vision** — take responsibility for your happiness and leave room for God to move while your dreams are incubating
 5. **Gratitude is my Voice** — cultivate an awareness of gratitude rather than a mindset of scarcity ... change your vocabulary
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Vrees glo daar is nie genoeg nie. Liefde weet daar is meer as genoeg ... Vrees glo die ergste en slegste van mense. Liefde glo die beste van mense en situasies ... Vrees glo aan manipulasie om goed te verander. Liefde glo verandering begin by die hart, jou eie hart ... Vrees glo dat dinge nooit verander nie. Liefde glo dat elke situasie getransformeer kan word deur die krag van liefde ... Vrees glo alles moet beplan en beheer word. Liefde glo jy kan die prosas van liefde vertrou ... Vrees is negatiewe reaksies. Liefde is 'n positiewe keuse ... Vrees glo die skade is gedoen. Liefde weet heling vind plaas waar ons liefde kies ... Vrees glo dat as jy dit nie teen nou gemaak het nie sal jy dit nooit maak nie. Liefde bring keer op keer 'n geleentheid om dit anders te doen ... Vrees glo jy kan niemand vertrou nie. Liefde vertrou jou om die beste te wees wat jy hoop ander sal wees ... Vrees glo in 'hulle' en 'julle'. Liefde glo in 'ons' ... Vrees glo dis te laat. Liefde weet dis nooit te laat ... Vrees glo die situasie is hopeloos. Liefde maak dit 'n oase ... Vrees glo niemand luister of verstaan nie. Liefde glo in gebed ... Vrees vra, 'wat is in dit vir my?' Liefde glo in liefde for the sake of love!



GIVING TRANSFORMS HAVING INTO BEING



~ IN PARADISUM — FAURÉ ~

HERINNERING EN SEËNBEDE

*When I am afraid, I ask myself: How can I give more to life?
When I am tangled in past regrets or frightening stories of the future,
I bring myself into the present moment and know that I am safe.
When I am tempted to complain I choose praise and gratitude.*

*I take a deep breath. I look around and see
How rich I am in the things that count.*

*I look within and see my unlimited potential
I realize that every moment is filled with blessings
and every day I am alive is a gift to be grateful for.
I remember that God is my Source and abundance is reflected
in the faces of the people I love and in the faces of those
I have yet to learn to love.*

*Eternally, this abundance says: Every family is my family.
Every success is my success. Every bride is my beauty
and every bridegroom my Beloved.*

*Every child is my new beginning
and every elder is my life ripe with experience.
Every dawn is my new day. Every sunset is my world turning.*

*Every season is good and offers its bounty to me.
Every moment is mine to embrace for it is the Eternal Now
forever expressing in, through, and for me.
I live in the Forever Here that is alive in all.*

*Translucent grace shines in us, awake and aware of the beauty we are
as we become all we were meant to be. And so it is.*

(Candy Paul – The Heart of Abundance)

IN LOVE, ALL IS POSSIBLE

~ UN DIMANCHE EN AUTOMNE — SCALA & KOLACNY BROTHERS ~