

## DIE ESSENSIE VAN NEO-SPEKTRUM:

Hier ontmoet ons 'n God wat LEWE en LIEFDE is  
Hier erken ons dat die KRAG wat in ons is nie van ons is nie  
Hier laat ons 'n GELOOFWAARDIGE stem hoor  
Hier word alle mense MENSWAARDIG behandel  
Hier is ruimte vir ANDERSDENKENDES  
Hier gee 'n wysheidsirkel aan elkeen 'n STEM  
Hier is geen VERWYDERING of VEROORDELING nie

### KONTAKBESONDERHEDE

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**Webblad:** [www.neo-spektrum.com](http://www.neo-spektrum.com)

**Facebook:** Neo-Spektrum

**Leierspan:** Almal se insette welkom

22 Februarie 2014 — Neo-Spektrum Celebration



ACIM: Stad 17 Februarie 19h30



ACIM: Kolping 20 Februarie 19h00

## ETE ELKE EERSTE SONDAG VAN DIE MAAND

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA

Naam en Van

E-Mail \_\_\_\_\_ Sel \_\_\_\_\_

### ADRES

Vanaf N1 ± 8km tot by sirkel en uit in Koebergweg — tweede straat regs is:  
Biccard Straat (Kolping Centre aan jou regterkant) Durbanville



Neo-Spektrum  
16 Februarie 2014  
GOED GENOEG VIR GOD  
HUMAN BEINGS,  
NOT HUMAN DOINGS

## STILTE IN DIE KAPEL

~ FROM MY HANDS — VNV NATION ~

## IN DIE TEENWOORDIGHEID VAN GOD

Here, help ons om ten volle bewus te wees van U heilige Teenwoordigheid.

Omvou ons met U liefde. Laat ons harte een word met U.

Lei ons na die plek van stilte in onself,  
waar ons nie net ons innerlikste wese vind nie,  
maar ook verbondenheid aan die kreatiewe  
en transformerende misterie van wat God is.

Ons kom in mekaar se teenwoordigheid, soekende na 'n deel van onself.

Ons weet dat ons nie ten volle kan leef as ons net vir ons self leef nie.

Ons kom as gewone mense, elkeen met sy sterk punte en sy swakhede,  
bewus van ons tekortkominge.

Ons lewens stel ons voor baie uitdagings waartoe ons nie altyd in staat is nie;  
dikwels skiet ons tekort in ons verwagtinge van onself.

En tog, hier is ons, nie perfek nie, nie altyd verstandig nie,  
maar altyd wonderbaarlik en misterieus menslik.

Mag ons saamwees ons nuwe hoop gee.

Mag die verhale wat ons hoor, ons moed versterk.

Mag ons van onsekerheid verander na mense met 'n helder wete.

Mag ons van eiegewin verander na mense met ruimhartigheid.

Mag ons van onrustigheid verander na mense met vrede.

God begeer sjalom – vrede ... God begeer geregtigheid,

God begeer heling en heelhartigheid.

Mag ons die wysheid en die moed en die liefde hê  
om te volhard, as alles anders ons faal.

Dit is ons bede. Amen

(Afrikaanse verwerking: Marie de Kock)

- STILTETYD -

### Bankrekening vir bydraes

**FNB: Wysheidsirkel**

Takkode: 201-409

Rekening: 551 601 09804

### BAIE DANKIE

Ons vra 'n maandelikse bydrae  
hetsy per koevert of per EFT

Groot ASSEMBLIE en DANKIE

— Lees: Genesis 1:1-31 en Matteus 5:13-15 —

“Toe het God gekyk na alles wat Hy gemaak het, en dit was baie goed.”

A spiritual path is like a school. Not a regular school where you learn ordinary skills, but a spiritual school where you learn the skills of spirit - like how to remove flaws in your character, or how to remain unaffected by the negative influences around you. Some people think that if they follow a spiritual path, they won't be able to cultivate their individual talents. However, what kinds of talent do people really need nowadays? To remove one's own ego is a great talent; to love others is another. There is no need to study all those other complicated things. If you have the nature of following God, then God's nature will become your own. Become true; reveal your true self through your spiritual study, and claim a spiritual degree! [Dadi Janki on 'The Spiritual Path']

When you lose touch with your inner stillness, you lose touch with yourself!  
When you lose touch with yourself, you lose yourself in the world!

“Seeing that His divine power has granted us everything pertaining to life and godliness, through the true knowledge of Him who called us by His own glory and excellence.” (2 Pet 1:3)

1. Alles wat ons wil hê — en alles wat ons het
2. Alles wat ons het — en alles wat ons is
3. Alles wat ons is — en alles wat ons besig is om te word
4. As jy jouself sien as ‘worthy’ — sal jou lewe dit reflekteer
5. As ons dit reflekteer — sal dit in ons hele lewe manifesteer

“If the entire world sought to make itself worthy of happiness  
rather than make itself happy,  
then the entire world would be happy.”  
— Criss Jami

“We are buried beneath the weight of information which is being confused with knowledge; quantity is being confused with abundance; and wealth with happiness. We are monkeys with money and guns.” — Tom Waits

We could say “Oh, it's dark” or we could say “Look at the stars!”  
We could say “The tide is coming” or we could say “Build me a sandcastle!”  
We could say “I want to be ...” or we could say “I have become ...”  
We could say “Maybe” or we could say “Amen!”

Wees bewus (consciousness) ... en bewus dat jy bewus is (awareness)



# GIVING TRANSFORMS HAVING INTO BEING



~ ONE MAN'S DREAM — YANNI ~

## HERINNERING EN SEËNBEDE

God be in my head and in my understanding  
God be in my eyes and in my looking  
God be in my mouth and in my speaking  
God be in my mind and in my thinking  
God be in my tongue and in my tasting  
God be in my in my lips and in my breathing  
God be in my nose and in my smelling  
God be in my ears and in my hearing  
God be in my shoulders and in my humbling  
God be in my back and in my standing  
God be in my arms and in my reaching  
God be in my hands and in my working  
God be in my legs and in my walking  
God be in my feet and in my grounding  
God be in my joins and in my relating  
God be in my gut and in my feeling  
God be in my vowels and in my forgiving  
God be in my lungs and in my grieving  
God be in my heart and in my loving  
God be in my skin and in my touching  
God be in my flesh and in my paining  
God be in my blood and in my living  
God be in my bones and in my dying  
God be at my end and in my reviving

(Prayer by Eric Helmuth adapted by Caroline Myss)

## IN LOVE, ALL IS POSSIBLE

~ NOVA NOVA — TONES ~