

DIE ESSENSIE VAN NEO-SPEKTRUM:

Hier erken ons dat die Krag wat in ons is nie van ons is nie
Hier ontmoet ons 'n God wat LEWE en LIEFDE is
Hier laat ons 'n GELOOFWAARDIGE stem hoor
Hier word alle mense MENSWAARDIG behandel
Hier is ruimte vir ANDERSDENKENDES
Hier gee 'n wysheidsirkel aan elkeen 'n STEM
Hier is geen VERWYDERING of VEROORDELING nie

KONTAKBESONDERHEDE

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Leierspan: Almal se insette welkom

☀ **ACIM Donderdagaande 7pm @ Kolping** ☀
**Kontak riaan.neethling@gmail.com om aan te
sluit by ons Neo-Spektrum Vrywillige Vereniging**

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS-TEMA

Naam en Van

E-Mail _____ Sel _____

ADRES

Vanaf N1 ± 8km tot by sirkel en uit in Koebergweg — tweede straat regs is:
Biccard Straat (Kolping Centre aan jou regterkant) Durbanville

ETE ELKE EERSTE SONDAG VAN DIE MAAND

Bankrekening vir bydraes

FNB: Wysheidsirkel

Takkode: **201-409**

Rekening: **551 601 09804**

BAIE DANKIE

Ons vra 'n maandelikse bydrae
hetsy per koevert of per EFT

Groot ASSEBLIEF en DANKIE



Neo-Spektrum
10 November 2013

— THE GIFT OF LIFE —
“**MAAK OOP JOU OË**”

STILTE IN DIE KAPEL

AMAZING GRACE

~ PATSY CLINE ~

IN DIE TEENWOORDIGHEID VAN GOD

You think this is just another day in your life.

It's not just another day.

It's the one day that is given to you today.

It's given to you. It's a gift.

It's the only gift that you have right now.

And the only appropriate response is gratefulness.

If you do nothing else but to cultivate that response

to the great gift that this unique day is,

if you learn to respond as if it were the first day in your life

and the very last day,

then you will have spent this day very well.

(Gratitude — Louie Schwartzberg (TED Talk) Part 1)

- STILTETYD -

Johannes 10:10

“Ek het gekom sodat julle lewe kan hê, en dit in oorvloed!”

- (1) Happiness is not for sale in a store. It is a choice. It happens through you.
- (2) Success is a matter of opinion. Gratitude is your mission and not your job.
- (3) Growth & contribution = meaning of life. Not what you have but if you share
- (4) Jealousy and envy are wasted emotions – let go of your control.
- (5) Awareness is the most precious gift. ‘Hype’ robs you of your freedom.
- (6) We are often scared for no reason. Listen to your faith and not your fears.
- (7) Fall in love with LOVE. Whatever sadness or regret, never give up on love.

Begin by opening your eyes and be surprised that you have eyes you can open, that incredible array of colours that is constantly offered to us for our pure enjoyment. Look at the sky. We so rarely look at the sky. We so rarely note how different it is from moment to moment with clouds coming and going. We just think of the weather and even of the weather we don't think of all the many nuances of weather. We just think of good weather and bad weather. This day right now is unique weather, maybe a kind that will never exactly in that form come again. The formation of clouds in the sky will never be the same that is right now. Open your eyes. Look at that.

Look at the faces of people whom you meet. Each one has an incredible story behind their face, a story that you could never fully fathom. Not only their own story, but the story of their ancestors. We all go back so far. And in this present moment on this day all the people you meet, all that life from generations and from so many places all over the world flows together and meets you here like a life-giving water if you only open your heart and drink.

Open your heart to the incredible gifts that civilization gives to us. You flip a switch and there is electric light. You turn a faucet and there is warm water and cold water. And drinkable water! It's a gift that millions and millions in the world will never experience.

— Gratitude — Louie Schwartzberg (TED Talk) Part 2



GIVING TRANSFORMS HAVING INTO BEING



LULLABY

~ JOSH GROBAN & LADYSMITH BLACK MAMBAZO ~

HERINNERING EN SEËNBEDE

So these are just a few of an enormous number of gifts
to which we can open your heart.

So I wish you that you would open your heart
to all these blessings and let them flow through you,
that everyone whom you will meet on this day

will be blessed by you,

just by your eyes,

by your smile,

by your touch.

Just by your presence.

Let the gratefulness overflow into blessing all around you.

Then it will really be a good day. .

— Gratitude — Louie Schwartzberg (TED Talk) Part 3 —

IN LOVE, ALL IS POSSIBLE

PI'S LULLABY

~ MYCHAEL DANNA (FROM: LIFE OF PI) ~