

DIE FONDASIE VAN NEO-SPEKTRUM:

Hier ontmoet ons 'n God wat LEWE en LIEFDE is
Hier erken ons dat die KRAG wat in ons is nie van ons is nie
Hier laat ons 'n GELOOFWAARDIGE stem hoor
Hier word alle mense MENSWAARDIG behandel
Hier is ruimte vir ANDERSDENKENDES
Hier gee 'n wysheidsirkel aan elkeen 'n STEM
Hier is geen VERWYDERING of YEROORDELING nie

KONTAKBESONDERHEDE

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ACIM Groepe vir 2020

Stad — 10 Februarie @ 19h30

Kolping — 13 Februarie @ 19h30

Centering Prayer — 7 Maart @ 9vm

BOEKGROEP

Maandag: 2 Maart 2020

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Fontijn 204, Newhavenstraat

➤ **bookings@neospektrum.co.za**

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA

Naam en Van

E-Mail _____ Sel _____

ADRES: 7 BICCARD STR. DURBANVILLE

Vanaf N1 — Durbanweg/Willie van Schoor afrit, reguit ± 8km tot by sirkel,
uit in Koebergweg, tweede straat regs is:

Bankrekening vir bydraes

ABSA: Neo-Spektrum

Takkode: **632005**

Rekening: **4083481065**

*Vir elke bydrae sê ons
DANKIE!*

SnapScan

Download
APP
vir jou foon.

Installeer en
gebruik met
veiligheid.



NEO-SPEKTRUM

9 FEBRUARIE 2020

DIE KRAG VAN GEBED

— ST. FRANCIS PRAYER —

STILTE IN DIE KAPEL

~ LIFE MUST HAVE ITS MYSTERIES — HANS ZIMMER ~

IN DIE TEENWOORDIGHEID VAN GOD

Here, maak my 'n instrument van u vrede.

Waar daar haat is, laat my liefde bring.

Waar daar wonde is, heling;

waar daar twyfel is, geloof;

waar daar wanhoop is, hoop.

waar daar duisternis is, lig;

waar daar droefheid is, vreugde.

O, Heilige Meester, gee dat ek,

in plaas daarvan om vertroosting te soek,

ander sal vertroos;

om begrip te hê, as om begryp te word;

om liefde te gee, as om bemin te word.

Want deur te gee, ontvang ons;

deur te vergewe, word ons vergewe;

en deur te sterwe, word ons gebore tot 'n Ewige Lewe.

— Die Gebed van St. Franciscus van Assisi —

STILTE EN AANBIDDING

— Make Me an Instrument of Peace —

(i) hoe moet ons bid; (ii) waarvoor bid ons; (iii) hoor God ons gebede, en waarom verhoor hy net sommige; (iv) hoe bid ons vir reën, gesondheid, voorspoed; (v) het jy dissipline en toewyding in jou gebedslewe ...?

Lord, make me an instrument of PEACE — Life, Light, Love ... in a space of balance, harmony, equilibrium — peace is to know you are enough.

Where there is hatred, let me sow LOVE — acceptance, respect, grace, kindness, humility, dignity, blessing, compassion, doing good beautifully

Where there is injury, HEALING — wholeness, forgiveness, atonement release, let it be > let it go, heal the wounds and restore our mindfulness
“We have been called to heal wounds, to unite what has fallen apart, and to bring home those who have lost their way.”

Where there is doubt, FAITH — learning, understanding (truth), wisdom ... faith makes us see, and walk, and enable us to live as a reflection of God

Where there is despair, HOPE — perspective, interconnectedness, unity ... expectant with potential, possibilities, and best version of my Self

Where there is darkness, LIGHT — absence of light is darkness, just as absence of love is fear ... we need darkness to survive and hold our candle
“All the darkness in the world cannot extinguish the light of a single candle.”

Where there is sadness, JOY — only gratitude will give you joy ... pray for the gift of discernment to know the difference between joy and happy

To be consoled, as to console; to be understood, as to understand; to be loved, as to love — the power of connection, interdependence ... to wish for you what you wish for yourself ... let love flow THROUGH you

For it is in GIVING, that we receive — giving transforms having into being ... “Remember that when you leave this earth, you can take with you nothing that you have received — only what you have given.”

It is in pardoning, that we are pardoned; and it is in dying that we are born to eternal life — reborn is a ‘change of mind’ ... “Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible.”

Peace vs Warning — Benevolence, Caring, Love vs Duty and Obedience



GIVING TRANSFORMS HAVING INTO BEING



~ TIME (FEAT: PETER BUKA) — HANS ZIMMER ~

“Be praised, my Lord, through all your creatures,
especially through my lord Brother Sun,
who brings the day; and you give light through him.
And he is beautiful and radiant in all his splendour!
Of you, Most High, he bears the likeness.

Be praised, my Lord, through Sister Moon and the stars;
in the heavens you have made them, precious and beautiful.

Be praised, my Lord, through Brothers Wind and Air,
and clouds and storms, and all the weather,
through which you give your creatures sustenance.

Be praised, My Lord, through Sister Water;
she is very useful, and humble, and precious, and pure.

Be praised, my Lord, through Brother Fire,
through whom you brighten the night.
He is beautiful and cheerful, and powerful and strong.

Be praised, my Lord, through our sister Mother Earth,
who feeds us and rules us, and produces various fruits
with coloured flowers and herbs.

Be praised, my Lord, through those who forgive for love
of you; through those who endure sickness and trial.

Happy those who endure in peace,
for they will be crowned.”

— St. Francis of Assisi —

Be the Awareness of the Presence of God

~ MAKE ME A CHANNEL OF YOUR PEACE