

DIE FONDASIE VAN NEO-SPEKTRUM:

Hier ontmoet ons 'n God wat LEWE en LIEFDE is
Hier erken ons dat die KRAG wat in ons is nie van ons is nie
Hier laat ons 'n GELOOFWAARDIGE stem hoor
Hier word alle mense MENSWAARDIG behandel
Hier is ruimte vir ANDERSDENKENDES
Hier gee 'n wysheidsirkel aan elkeen 'n STEM
Hier is geen VERWYDERING of VEROORDELING nie

KONTAKBESONDERHEDE

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ACIM Groepe vir 2020

Stad — 24 Februarie @ 19h30

Kolping — 27 Februarie @ 19h30

Centering Prayer — 7 Maart @ 9vm

BOEKGROEP

Maandag: 2 Maart 2020

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Fontijn 204, Newhavenstraat

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BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA

Naam en Van

E-Mail _____ Sel _____

ADRES: 7 BICCARD STR. DURBANVILLE

Vanaf N1 — Durbanweg/Willie van Schoor afrit, reguit ± 8km tot by sirkel,
uit in Koebergweg, tweede straat regs is: Kolping Sentrum

Bankrekening vir bydraes

ABSA: Neo-Spektrum

Takkode: 632005

Rekening: 4083481065

Vir elke bydrae sê ons

DANKIE!

SnapScan

Download
APP
vir jou foon.

Installeer en
gebruik met
veiligheid.



WC3C333E



NEO-SPEKTRUM

16 FEBRUARIE 2020

DIE KRAG VAN GEBED

— SERENITY PRAYER —

STILTE IN DIE KAPEL

~ THE PRAYER — MONTERRAT CABALLÉ ~

IN DIE TEENWOORDIGHEID VAN GOD

Govern everything by your wisdom, O Lord,
so that my soul may always be serving you
in the way you will and not as I choose.
Let me die to myself so that I may serve you;
let me live to you who are LIFE itself.

— St. Theresa of Avila —

God, give me grace to accept with serenity
the things that cannot be changed,
Courage to change the things
which should be changed,
and the Wisdom to distinguish
the one from the other.

— Reinhold Niebuhr —

STILTE EN AANBIDDING

— **Serenity, Surrender, Discernment, Wisdom, Truth** —

(i) waarvoor bid ons; (ii) hoor God ons gebede, en verhoor net sommige;
(iii) vervang WAT met HOE; (iv) glo jy wat jy bid; (v) vertel my hoe dit gaan
met jou gebedslewe, en ek sal jou sê hoe dit gaan met jou geestelike lewe

— **12 STEPS PROGRAM: ALCOHOLICS ANONYMOUS** —

1. We admitted we were **powerless** over alcohol (*addictions, obsessions, dependencies*) —that our lives had become unmanageable.
2. Came to believe that a **power** greater than ourselves could **restore** us to sanity.
3. Made a **decision** to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless **moral inventory** of ourselves.
5. **Admitted** to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have **God remove all these defects** of character.
7. Humbly asked Him to **remove our shortcomings**.
8. Made a list of all persons we had **harmed** and became willing to make amends to them all.
9. Made direct **amends** to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal **inventory**, and when we were wrong, promptly admitted it.
11. Sought through **prayer** and **meditation** to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual **awakening** as the result of these steps, we tried to carry this message to alcoholics (*the needy, abuser, enslaved, imprisoned*) and to **practice** these principles in all our affairs.



GIVING TRANSFORMS
HAVING INTO BEING



~ **BROKEN MOON** — **JESSE COOK** ~

mitzmōr le'dawit: Psalm van Dawid

Die Here is my herder;

daar is niks wat my ontbreek nie.

Hy laat my lê in groen weivelde;

na water waar rus is, lei Hy my.

Hy verkwik my siel.

Hy lei my op die pad van **geregtigheid** (to be what I ought to be)

tot eer van sy Naam.

Wanneer ek loop in 'n baie donker vallei,

sal ek nie bang wees nie, want U is by my.

U stok en u staf beskerm en ondersteun my.

U berei vir my 'n feesmaal

voor die oë van al my teenstaanders.

U verwelkom my as 'n eregas

deur my kop te salf met olie

en my beker te laat oorloop.

Waarlik, u goedheid en trou vergesel my

al die dae van my lewe;

en ek sal in die huis van die Here bly

so lank as wat ek lewe.

— *Psalm 23* —

Be the Awareness of the Presence of God

~ **TODO CAMBIA** — **MERCEDES SOSA** ~