

DIE FONDASIE VAN NEO-SPEKTRUM:

Hier ontmoet ons 'n God wat LEWE en LIEFDE is
Hier erken ons dat die KRAG wat in ons is nie van ons is nie
Hier laat ons 'n GELOOFWAARDIGE stem hoor
Hier word alle mense MENSWAARDIG behandel
Hier is ruimte vir ANDERSDENKENDES
Hier gee 'n wysheidsirkel aan elkeen 'n STEM
Hier is geen VERWYDERING of YEROORDELING nie

KONTAKBESONDERHEDE

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ACIM Hervat weer in 2020
Ons lees: Brené Brown se boek —
“Rising Strong”

BOEKGROEP
Maandag: 27 Januarie 2020
ed56chris@gmail.com
Fontijn 204, Newhavenstraat

➤ **Kersdiens: 25 Desember @ 9:00**

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA

Naam en Van

E-Mail _____ Sel _____

ADRES: 7 BICCARD STR. DURBANVILLE

Vanaf N1 — Durbanweg/Willie van Schoor afrit, reguit ± 8km tot by sirkel,
uit in Koebergweg, tweede straat regs is:

Bankrekening vir bydraes

ABSA: Neo-Spektrum

Takkode: 632005

Rekening: 4083481065

Vir elke bydrae sê ons
DANKIE!

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gebruik met
veiligheid.



NEO-SPEKTRUM 29 DESEMBER 2019 **LESSONS FROM HISTORY** 'N JAAR IN OËNSKOU

STILTE IN DIE KAPEL

~ EMMANUEL (FEAT LUCIA MICARELLI) — CHRIS BOTTI ~

IN DIE TEENWOORDIGHEID VAN GOD

Lord, make me an instrument of thy peace.

Where there is hatred, let me sow love,

Where there is injury, pardon;

Where there is doubt, faith;

Where there is despair, hope;

Where there is darkness, light;

And where there is sadness, joy.

O Divine Master, grant that I may not so much seek

to be consoled as to console,

to be understood as to understand,

to be loved, as to love.

For it is in giving that we receive,

It is in pardoning that we are pardoned,

and it is in dying that we are born to eternal life.

~ FRANCIS OF ASSISI ~

STILTE EN AANBIDDING

“Wees altyd bly in die Here! Ek herhaal: Wees bly! Wees inskiklik teenoor alle mense. Die Here is naby. Moet oor niks besorg wees nie, maar maak in alles julle begeertes deur gebed en smeking en met danksegging aan God bekend. En die vrede van God wat alle verstand te bowe gaan, sal oor julle harte en gedagtes die wag hou in Christus Jesus. Verder, als wat waar is, alles wat edel is, alles wat reg is, alles wat rein is, alles wat mooi is, alles wat prysenswaardig is — watter deug of lofwaardige saak daar ook mag wees — daarop moet julle julle gedagtes rig” — **Filippense 4:4-8**

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— Blomme vir ons Nuwe Jaar se Tuin —

1. From Coal to Diamonds — *“Be grateful for what you already have while you pursue your goals. If you aren’t grateful for what you already have, what makes you think you would be happy with more.”* — Roy T. Bennett

2. Abide in Me — *“Define yourself radically as the beloved of God. This is the true self. Every other identity is illusion.”* — Henri Nouwen

3. Winds of Change — *“I came to give you life and that in abundance”* — the transformation and transfiguration of Christ

4. Reboot Your Life — ‘besluit wat belangrik is en wat nie’; ‘kom uit die loopgraaf van jou geut’, en ‘begin by die begin’

5. Die Onvoorwaardelike, Allesinsluitende Liefde van God — ons ganse lewe sal verander en elke interpersoonlike verhouding sal ’n dramatiese, ingrypende verandering ondergaan as ons hierdie LIEFDE nie net toeëien nie maar reflekteer na onself en ons ewemens

6. Beitel vir Marmer — *“Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.”* — Rom 12:2

7. Be the Heart of God — God se beeld in my lewe, dis geloof! **Gebooie** vra discipline, devotion dedication; **gebed** is gefokusde gedagtes & intensies; **hoop** is om swanger te wees aan Goddelike potensiaal; **genade** (grace) is *loving-kindness, compassion, gratitude, and connection*; en om te leef — **with an awareness of mindfulness ... in order to live a meaningful life!**



GIVING TRANSFORMS **HAVING INTO BEING**



~ SONG OF THE BIRDS — PAUBLO CASALS ~

“Wees veral versigtig met wat in jou hart omgaan,
want dit bepaal jou hele lewe.
Weerhou jou van leuens,
moenie mense mislei nie.
Hou jou oë op die pad vorentoe,
kyk reg voor jou uit.
Baken jou koers af,
dan sal jy seker wees van elke tree.
Moenie links of regs wegdraai nie,
weerhou jou van die verkeerde koers”

— Spreuke 4:23-27 —

*“May light always surround you;
hope kindle and rebound you.
May your hurts turn to healing;
your heart embrace feeling.
May wounds become wisdom;
every kindness a prism.
May laughter infect you;
your passion resurrect you.
May goodness inspire your deepest desires.
Through all that you reach for,
may your arms never tire.”*

— D. Simone —

Be the Awareness of the Presence of God

~ HE LIVES IN YOU (MAMELA!) — ALEX BOYÉ ~