

## DIE ESSENSIE VAN NEO-SPEKTRUM:

Hier ontmoet ons 'n God wat LEWE en LIEFDE is  
Hier erken ons dat die KRAG wat in ons is nie van ons is nie  
Hier laat ons 'n GELOOFWAARDIGE stem hoor  
Hier word alle mense MENSWAARDIG behandel  
Hier is ruimte vir ANDERSDENKENDES  
Hier gee 'n wysheidsirkel aan elkeen 'n STEM  
Hier is geen VERWYDERING of VEROORDELING nie

### KONTAKBESONDERHEDE

Terblanche Jordaan  
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**ACIM Kolping: 25 Februarie 19h00**

**ACIM Stad: 15 Februarie 19h30**

### BOEKGROEP

**Maandag 7 Maart 19h00**  
[lydia@afriagrowth.com](mailto:lydia@afriagrowth.com)  
**Marseille 15, Pinehurst**

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMSTEMA  
Naam en Van \_\_\_\_\_

E-Mail \_\_\_\_\_ Sel \_\_\_\_\_

### ADRES

Vanaf N1 — Durbanweg/Willie van Schoor afrit, reguit ± 8km tot by sirkel,  
uit in Koebergweg, tweede straat regs is:  
7 Biccard Straat (Kolping Centre aan jou regterkant) Durbanville

Vorms is beskikbaar vir

**'N MAANDELIKSE BYDRAE PER DEBIETORDER**

**Bankrekening vir bydraes**  
**ABSA: Neo-Spektrum**  
Takkode: **632005**  
Rekening: **4083481065**

BAIE DANKIE  
Ons vra 'n maandelikse bydrae  
hetsy per koevert of per EFT  
Groot ASSEMBLIE en DANKIE



Neo-Spektrum  
**14 Februarie 2016**  
PURPOSEFUL LIFE  
**FOOTPRINTS & FOOTSTEPS**

## STILTE IN DIE KAPEL

~ HOE STIL KAN DIT WORD — ANNA DAVEL ~

## IN DIE TEENWOORDIGHEID VAN GOD

Wanneer jy die regte koers verlaat,  
sal jy agter jou 'n stem hoor sê:  
"Hier is die pad, loop hierlangs."  
— Jesaja 30:21 —

Hy wat berge vorm en die wind skep,  
Hy wat sy gedagtes aan die mens bekend maak,  
hy wat die dagbreek donker maak,  
hy wat oor die hoogtes van die aarde gaan,  
sy naam is Here, Almagtige God  
— Amos 4:13 —

## STILTE VAN BINNE

Lees: Spreuke 13:2-3, Markus 7:15

“Van die vrug van ’n mens se mond geniet hy die goeie maar die begeertes van die onbetroubare is net uit op geweld. Die een wat waak oor sy mond behou die lewe. Die een wat sy lippe wyd oopmaak, vir hom is daar vernietiging.”

“Niks wat van BUIITE af in ’n mens ingaan, kan hom onrein maak nie; maar die dinge wat UIT ’n mens uitkom, dit maak hom onrein.”

## CALLED TO A PURPOSEFUL LIFE

☪ “Many voices ask for attention. There is a voice that says — ‘Proof that you are a good person’ ... another voice says, ‘You’d better be ashamed of yourself’ There also is a voice that says, ‘Nobody really cares about you’ ... and one that says, ‘Be sure to become successful, popular, and powerful’

But underneath all these often very noisy voices is a still, small, voice that says, ‘You are my Beloved’ — that’s the voice we need most of all to hear. To hear that voice, however, requires special effort; it requires solitude, silence, and a strong determination to listen. That’s what prayer is. It is listening to the voice that calls us ‘My Beloved’.” — Henri Nouwen

### Voetpaaie en Voetspore van WOORDE —

☪ Lees: Jakobus 1:19-27 ... die invloed en betekenis van Rema & Logos

☪ Kommunikasie ... voorwaardes en vereistes van luister en hoor

☪ “Spieëltjie, spieëltjie aan die wand ...” — om van gewoontes te wees

☪ Engage brain before opening mouth — guard your thoughts

☪ God is die Spieël — die gesigte verander, die Spieël nooit. (Talmud)

☪ Emosies is gemanipuleer gedagtes ... woorde is projeksies uit geheue

☪ Bekeer = *change of mind* ... return to our sanity as the Beloved of God

Lees: Die Klein Prinsie — woorde wat reg- en heel- en mak maak

As een van jul wysheid kortkom, moet hy dit van God bid, en Hy sal dit aan hom gee, want God gee aan almal sonder voorbehoud en sonder verwyf. ’n Man met twee psiges (double mind), is onstabiel (wispelturig) in al sy weë.

(Jakobus 1:5 en 8)



GIVING TRANSFORMS  
HAVING INTO BEING



~ AMBER — COENIE DE VILLIERS ~

## HERINNERING EN SEËNBEDE

“Go placidly amid the noise and haste, and remember what peace there may be in silence. As far as possible without surrender be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even the dull and ignorant; they too have their story. Avoid loud and aggressive persons; they are vexations to the spirit. If you compare yourself with others, you may become vain and bitter; for always there will be greater and lesser persons than yourself.

Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing future of time. Exercise caution in your business affairs; for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals; and everywhere life is full of heroism.

Be yourself. Especially, do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment, it is perennial as the grass.

Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with imaginings. Many fears are born of fatigue and loneliness.

Beyond wholesome discipline, be gentle with yourself. You are a child of the universe, no less than the trees and the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should.

Therefore be at peace with God, whatever you conceive Him to be, and whatever your labours and aspirations, in the noisy confusion of life keep peace with your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world.

Be cheerful. Strive to be happy.” — Max Ehrman: Desiderata (1927)

BE THE AWARENESS OF THE PRESENCE OF GOD

~ HERE IS YOUR PARADISE — CHRIS DE BURGH ~