

DIE ESSENSIE VAN NEO-SPEKTRUM:

Hier ontmoet ons 'n God wat LEWE en LIEFDE is
Hier erken ons dat die KRAG wat in ons is nie van ons is nie
Hier laat ons 'n GELOOFWAARDIGE stem hoor
Hier word alle mense MENSWAARDIG behandel
Hier is ruimte vir ANDERSDENKENDES
Hier gee 'n wysheidsirkel aan elkeen 'n STEM
Hier is geen VERWYDERING of VEROORDELING nie

KONTAKBESONDERHEDE

Terblanche Jordaan
Tel: 083.460.45.45
terblanche1@telkomsa.net

Webblad: www.neo-spektrum.com
Facebook: Neo-Spektrum
Leierspan: riaan.neethling@gmail.com

ACIM Kolping: 14 April 19h00

ACIM Stad: 14 Maart 19h30

BOEKGROEP

Maandag 4 April 19h00
lydia@afriagrowth.com
Marseille 15, Pinhurst

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA

Naam en Van

E-Mail _____ Sel _____

ADRES

Vanaf N1 — Durbanweg/Willie van Schoor afrit, reguit ± 8km tot by sirkel,
uit in Koebergweg, tweede straat regs is:

7 Biccard Straat (Kolping Centre aan jou regterkant) Durbanville

Vorms is beskikbaar vir

'N MAANDELIKSE BYDRAE PER DEBIETORDER

Bankrekening vir bydraes

ABSA: Neo-Spektrum

Takkode: 632005

Rekening: 4083481065

BAIE DANKIE

Ons vra 'n maandelikse bydrae
hetsy per koevert of per EFT

Groot ASSEBLIEF en DANKIE



Neo-Spektrum

13 Maart 2016

OPPORTUNITIES

DIE GELEË TYD IS NOU

STILTE IN DIE KAPEL

~ AGNES DEI (JOSE CARRERAS) — MISA CRIOLLA ~

IN DIE TEENWOORDIGHEID VAN GOD

En nou beweeg ons deur die Lig
tot in die sentrum van Goddelike Bewussyn
waar die Groot Intellek suiwer Lig is.

Geseënde Lig!

U is wysheid en begrip, kennis en verstaan,

U gee wysheid en insig

sodat ons 'n goeie oordeelsvermoë sal hê.

Hierdie geskenke is aan almal gegee
wat dit wil ontvang met diensbare hande
en ontvanklike gedagtes.

Soek God met jou hele hart en al jou krag,
sodat die waardes en deugde

van die liggaam en denke, die siel en gevoel
die speël as beeld van God vanuit die binnekant
sal reflekteer, sodat jy kan ervaar dat jy één met God is
en God een met jou.

— Niketas Stethatos: 1009-1054AC—

STILTE VAN BINNE

AS I BEGAN TO LOVE MYSELF — CHARLIE CHAPLIN

As I began to love myself I found that anguish and emotional suffering are only warning signs that I was living against my own truth.

Today, I know, this is “AUTHENTICITY”.

As I began to love myself I understood how much it can offend somebody. As I try to force my desires on this person, even though I knew the time was not right and the person was not ready for it, and even though this person was me.

Today I call it “RESPECT”.

As I began to love myself I stopped craving for a different life, and I could see that everything that surrounded me was inviting me to grow.

Today I call it “MATURITY”.

As I began to love myself I understood that at any circumstance, I am in the right place at the right time, and everything happens at the exactly right moment. So I could be calm.

Today I call it “SELF-CONFIDENCE”.

As I began to love myself I quit steeling my own time, and I stopped designing huge projects for the future. Today, I only do what brings me joy and happiness, things I love to do and that make my heart cheer, and I do them in my own way and in my own rhythm.

Today I call it “SIMPLICITY”.

As I began to love myself I freed myself of anything that is no good for my health – food, people, things, situations, and everything that drew me down and away from myself. At first I called this attitude a healthy egoism.

Today I know it is “LOVE OF ONESELF”.

As I began to love myself I quit trying to always be right, and ever since I was wrong less of the time.

Today I discovered that is “MODESTY”.

As I began to love myself I refused to go on living in the past and worry about the future. Now, I only live for the moment, where EVERYTHING is happening. **Today I live each day, day by day, and I call it “FULFILMENT”.**

As I began to love myself I recognized that my mind can disturb me and it can make me sick. But As I connected it to my heart, my mind became a valuable ally. **Today I call this connection “WISDOM OF THE HEART”.**

We no longer need to fear arguments, confrontations or any kind of problems with ourselves or others. Even stars collide, and out of their crashing new worlds are born.

Today I know that is “LIFE”!



GIVING TRANSFORMS HAVING INTO BEING



~ LUCIA DI LAMMERMOO — SARAH BRIGHTMAN ~

HERINNERING EN SEËNBEDDE

Love is what we are born with. Fear is what we learn.
The spiritual journey is the unlearning of fear and prejudices
and the acceptance of love back in our hearts.

Love is the essential reality and our purpose on earth.

To be consciously aware of it,
to experience love in ourselves and others,
is the meaning of life.

Meaning does not lie in things. Meaning lies in us.

— Marianne Williamson —

Die Here sal jou altyd deur lei;
selfs in dor streke
sal Hy in jou behoeftes voorsien.
Hy sal jou sterk maak.
Jy sal wees soos 'n tuin met volop water,
soos 'n fontein waarvan die water
nie opdroog nie.

~ JESAJA 58:11 ~

BE THE AWARENESS OF THE PRESENCE OF GOD

~ SHAPE OF MY HEART — 2CELLOS ~