

DIE ESSENSIE VAN NEO-SPEKTRUM:

Hier ontmoet ons 'n God wat LEWE en LIEFDE is
Hier erken ons dat die KRAG wat in ons is nie van ons is nie
Hier laat ons 'n GELOOFWAARDIGE stem hoor
Hier word alle mense MENSWAARDIG behandel
Hier is ruimte vir ANDERSDENKENDES
Hier gee 'n wysheidsirkel aan elkeen 'n STEM
Hier is geen VERWYDERING of VEROORDELING nie

KONTAKBESONDERHEDE

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ACIM: Stad 30 Januarie 19h30
Kolping 2 Februarie 19h30
— Verhoudinge: 18 Februarie —

BOEKGROEP
Maandag 6 Februarie 19h00
lydia@africagrowth.com
Marseille 15, Pinehurst

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA

Naam en Van

E-Mail _____ Sel _____

ADRES: 7 BICCARD STR. DURBANVILLE

Vanaf N1 — Durbanweg/Willie van Schoor afrit, reguit ± 8km tot by sirkel,
uit in Koebergweg, tweede straat regs is:

MAAK VIR ONS 'N MAANDELIKSE BYDRAE ASSEBLIEF

Bankrekening vir bydraes

ABSA: Neo-Spektrum

Takkode: 632005

Rekening: 4083481065

Vorms is ook beskikbaar indien jy
'n **debietorder** wil teken

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gebruik met
veiligheid.



Neo-Spektrum 5 Februarie 2017 **RESET YOUR EARS** OM GEHOOR TE WORD

STILTE IN DIE KAPEL

VINCENT (PERHAPS THEY'LL LISTEN NOW)

— DON MCLEAN —

IN DIE TEENWOORDIGHEID VAN GOD

“My life has been defined by a series of moments of impact.
Moments I've felt collide with me at such force they've
reshaped my entire identity.

Moments that unapologetically burnt my world, as I knew it,
to the ground, leaving me to sift through the ashes.

Each and every time I felt the ground stop shaking
I'd find myself with a paintbrush in my hand,
recreating the image of who I was.

As I gaze upon the canvas in front of me
I see the significance of each brush stroke - I see depth,
I see character, I see wisdom, I see experience, I see growth,
I see humility, I see empathy but most importantly,
I see how these moment of impact are stroke by stroke
creating a more beautiful me.”

— Cindy Cherie —

STILTE VAN BINNE

"Laat hulle wat ore het om te luister, HOOR!"

*"Hy wat 'n antwoord gee voor hy die vraag gehoor het,
Dit is dwaasheid en 'n skande vir hom."*

— Spreuke 18:13 —

*"Elke mens moet maar te gewillig wees om te luister, nie te gou praat
nie en nie te gou kwaad word nie."*

— Jakobus 1:19 —

*"He calls his own sheep by name and leads them out. When he has
brought out all his own, he goes on ahead of them, and his sheep follow
him because they know his voice."*

— John 10:3-4 —

To 'Listen' is an awareness of being in the presence of now

✚ **"Woorde is die begin van alle misverstand" — Klein Prinsie**

*Ons kommunikeer eerstens met intuïsie en intensie; in die klank van taal
en die raamwerk van ons kultuur; met gebare en gedrag; ons luister met
voete van geloof, 'n gesindheid van hoop, met harte wat liefhet en liefge-
hê wil word en dan, DAN eers kommunikeer ons met woorde en sinne.*

☀ **The words 'silent' and 'listen' have the same letters**

- (1) *Stilte — alle gespreke behoort te begin en eindig met stilte*
- (2) *Onderskei — los jou eie vooroordele, agterdog, opinies, en oordeel*
- (3) *Ontleed — luister na wat gesê word, en wat nie gesê word nie*
- (4) *Assimileer — luister om te verstaan en nie om te reageer nie*
- (5) *Reflekteer — dink daaroor na en plaas jou in die ander se skoene*
(Receive; Appreciate; Summarize; Ask)

✚ **Communication + Connection = Understanding**

Listening = learning, knowing, understanding, and experiencing

DIE REËLS IS EENVOUDIG:

Luister met belangstelling.

Kommunikeer met waardigheid.

Antwoord met integriteit



GIVING TRANSFORMS HAVING INTO BEING



~ DANIELS JOJK — JON HENRIK FJÄLLGREN ~

Listen to me, please, I need to talk to you;

Give me only a few minutes;

Accept what I experience, what I feel,

Without reserve, without judgement.

Listen to me, please, I need to talk;

Do not bombard me with questions, advice and opinions;

Do not feel obliged to settle my difficulties,

Could it be that you lack confidence in my competence?

Listen to me, please, I need to talk;

Do not try to entertain or amuse me,

It would make me think you fail to understand the importance

Of what I am going through.

Listen to me, please, I need to talk;

Do not feel it's your duty to approve,

If I need to tell you my story

It is simply to be set free

— Anonymous —

BE THE AWARENESS OF THE PRESENCE OF GOD

- FOREVER BY THE SEA (MOONLIGHT) ~ BEETHOVEN -