

DIE FONDASIE VAN NEO-SPEKTRUM:

Hier ontmoet ons 'n God wat LEWE en LIEFDE is
Hier erken ons dat die KRAG wat in ons is nie van ons is nie
Hier laat ons 'n GELOOFWAARDIGE stem hoor
Hier word alle mense MENSWAARDIG behandel
Hier is ruimte vir ANDERSDENKENDES
Hier gee 'n wysheidsirkel aan elkeen 'n STEM
Hier is geen VERWYDERING of YEROORDELING nie

KONTAKBESONDERHEDE

Terblanche Jordaan
Tel: 083.460.45.45
terblanche1@telkomsa.net

Webblad: www.neospektrum.co.za
Facebook: Neo-Spektrum
Leierspan: dksmith1000@gmail.com

ACIM: Stad 2/9 en Kolping 29/8
Bejaardesorg: Larél — 071.493.07.10
Spiritualiteit Konferensie: 25 Jul '20

BOEKGROEP

Maandag: 2 September 2019
ecs@telkomsa.net
Marseille 15, Pinehurst

➤ **bookings@neospektrum.co.za**

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA

Naam en Van

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uit in Koebergweg, tweede straat regs is:

MAAK VIR ONS 'N MAANDELIKSE BYDRAE ASSEBLIEF

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*Vir elke bydrae sê ons
DANKIE!*

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gebruik met
veiligheid.



NEO-SPEKTRUM 25 AUGUSTUS 2019 **BEITELS VIR MARMER** ~ AANPASBAARHEID ~

STILTE IN DIE KAPEL

~ HEILIG, HEILIG, HEILIG — FRANZ SCHUBERT ~

IN DIE TEENWOORDIGHEID VAN GOD

"Nothing that remains static is truly ever alive.

Nature does not abide idleness.

All energy sources of the natural world
and the cosmos are in a constant motion,
they are in a perpetual state of fluctuation.

All forms of living must make allowances
for the seasons of change.

The Earth itself is twirling through space,
spinning on its axis analogous to a child's top.
The unpredictable forces of instability brought
about by a combination of motion, change,
and flux propels the miraculous dynamism of existence."

— Kilroy J. Oldster, 'Dead Toad Scrolls'

STILTE VAN BINNE

~ Yesterday will not play out different tomorrow ~

"It is not the strongest of the species that survives, nor the most intelligent. It is the one that is most adaptable to change."

— Charles Darwin

<Patience, Courage, Passion, Adaptability>

1. FLEXIBILITY — adaptability means a whole bunch of things: Saying "YES" to challenges. Keeping calm in the face of difficulties. Persisting in the face of difficulties. Taking on new challenges at short notice. Dealing with changing priorities and workloads. Improvising. Bouncing back from setbacks and showing a positive attitude. Seeing the bigger picture.

2. OPENMINDED — [i] Intellectual Flexibility [AQ] – you can switch between the detail to the big picture. [ii] Being Receptive – particularly to change and being able to respond with a positive attitude and willingness to learn [iii] Creativity – actively seeking out new ways of doing things. [iv] Adapting Behaviour – the ability to adopt different methods and approaches in order to obtain wisdom.

3. CHANGES — *the ego screams, "This is your life for the rest of you life!"* and the soul reminds, *"It's not the end of everything, just something!"* Die lewe is nie op 'n treinspoor nie [predestinasie] maar 'n rivier wat vloei en kronkel. Water wat stilstaan, word brak en poele verdamp in die son. Ons is aanpasbaar soos water in 'n glas, die gieter, 'n lepel, en leivoor. **Tussen klip en water, wie wen?**

4. ACCEPT RESPONSIBILITY — volwassenheid is om op die grens van vryheid en verantwoordelikheid te leef. *Resilience and Tenacity ... twee beitels om klip te kerf tot beeld. Adaptable people see opportunity and are resourceful. Adaptable people think ahead and they don't whine and blame. Adaptable people know what they stand for. Maybe 'normal' is 'average' and 'average' is 'mediocre'.*

5. DIVINE INSIGHT — die uitsig (waarheid) bring altyd insig (wysheid). **Waarom sien ons nie meer die engele nie? Want ons kniel nie meer nie!** Ons gebed fokus ons intensies, my intensies skoei my gedagtes, en wat ons dink, gaan ons ervaar. Vertrou die Stem vir God (Heilige Gees) en volg die Visie van God (Jesus Christus)

"Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect." — Romans 12:2



GIVING TRANSFORMS HAVING INTO BEING



~ HE LIVES IN YOU (ALEX BOYÉ) — LION KING ~

"Not lukewarm, but rather deeply committed to the principles we believe in. Who are we to be lazy when we have been called by God to greatness. May I not forget today the importance of the ground on which I stand." — Marianne Williamson

*When a new day begins, dare to smile gratefully.
When there is darkness, dare to be the first to shine a light.
When there is injustice, dare to be the first to condemn it.
When something seems difficult, dare to do it anyway.
When life seems to beat you down, dare to fight back.
When there seems to be no hope, dare to find some.
When you're feeling tired, dare to keep going.
When times are tough, dare to be tougher.
When love hurts you, dare to love again.
When someone is hurting, dare to help them heal.
When another is lost, dare to help them find the way.
When a friend falls, dare to be the first to extend a hand.
When you cross paths with another, dare to make them smile.
When you feel great, dare to help someone else feel great too.
When the day has ended, dare to feel as you've done your best.*

Dare to be the best you can –

At all times, Dare to be!

— Steve Maraboli: Life, the Truth, and Being Free —

Be the Awareness of the Presence of God

~ STAND BY ME — ELVIS PRESLEY ~