

DIE FONDASIE VAN NEO-SPEKTRUM:

Hier ontmoet ons 'n God wat LEWE en LIEFDE is
Hier erken ons dat die KRAG wat in ons is nie van ons is nie
Hier laat ons 'n GELOOFWAARDIGE stem hoor
Hier word alle mense MENSWAARDIG behandel
Hier is ruimte vir ANDERSDENKENDES
Hier gee 'n wysheidsirkel aan elkeen 'n STEM
Hier is geen VERWYDERING of VEROORDELING nie

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Spiritualiteit Konferensie: 25 Jul '20

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BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA

Naam en Van

E-Mail _____ Sel _____

ADRES: 7 BICCARD STR. DURBANVILLE

Vanaf N1 — Durbanweg/Willie van Schoor afrit, reguit ± 8km tot by sirkel,
uit in Koebergweg, tweede straat regs is:

MAAK VIR ONS 'N MAANDELIKSE BYDRAE ASSEBLIEF

Bankrekening vir bydraes

ABSA: Neo-Spektrum

Takkode: 632005

Rekening: 4083481065

Vir elke bydrae sê ons
DANKIE!

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gebruik met
veiligheid.



NEO-SPEKTRUM 18 AUGUSTUS 2019 **BEITELS VIR MARMER** ~ PASSION ~

STILTE IN DIE KAPEL

~ TENDER PASSIONS — ORIGEN ~

IN DIE TEENWOORDIGHEID VAN GOD

hartstoglik knoop my gedagtes
my besieling aan U Gees
met diep verlange
in gebed,
in geloof alleen
die veelbetekendheid —
hoor hoe vorm klank
in my fluistering:
“U is my Here en my God ...”
dan muteer my siel
soos 'n gloed teen wange
... arms oop
oë gesluit ...
die mond word poort
uit die spens van hoop
want U giet U liefhê
in my, en my in U
deur puls en fatsoen
binne in, binne uit
soos 'n slagaar na my hart

STILTE VAN BINNE

— “I Am What I Choose To Become” (Jung) —

“Passion — the fire that ignites when you start rubbing sticks together. Passion is the full force of your attention and energy that you give to whatever is right in front of you.” — Terri Trespicio

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<== LIFE IS NOT LINEAR ==>

1. CREATE — die verhaal van Bart Conner en Terence Tao — die mens is uniek in die opsig dat ons ‘n bewussyn het van die ‘self’ en die self in verhouding tot iets anders; daarbenewens is die mens uiters kreatief ... *“All children are artists. The problem is how to remain an artist once he grows up.”* (Picasso) Elkeen van ons is geseënd met talente, almal van ons skep en herskep elke dag. Die vraag is: is ek bereid om ‘n lewe te lei van ‘*authenticity*’, want daarin lê ons kreatiwiteit?

2. CONNECT — niemand is ‘n eiland nie, geen mens leef net vir homself nie ... *Mindfulness* (connect with myself) leads to *Meaningfulness* (connect with other) ... most people ENDURE their lives but don’t ENJOY it because we are so utterly disconnected. Konneksie skuif die gesprek van jou kop na jou hart waar die vuur van passie brand. The heart is yearning to engage – who will you connect with?

3. CONTRIBUTE — *“you are what you settle for”* (Janis Joplin) ... dis die dilemma van die 21^{ste} eeu: ons lê soveel klem op ‘individualiteit’ dat ons *narsiste* geword het; so afgestomp van ‘n wêreld se pyn dat ons *sociopaths* geword het; so oorweldig deur informasie dat ons geen oortuiging meer het nie. ‘PASSION’ is die fakkel as ons bereid is om te gloei en skitter! Vra jouself: *“Waar maak ek ‘n verskil?”* Dis ‘n daaglikse proses! *Become the faith, hope, and love you desire.* Onthou: ***taking things for granted will suffocate and probably kill your passion.***

4. CULTIVATE — *“the soul always know what to do to heal itself, the challenge is to silence the mind.”* (Caroline Myss) Wat bedoel ons met ‘koester’ en ‘kultiveer’ anders as wat dit gaan oor emosionele, intellektuele, en spirituele **intimiteit** ...? **Slow down** ... slegs stiltetyd bring ons in kontak met ons ‘*true Self*’ (i.e God) en gebed (meditasie) bring fokus (intensie) om te *create, connect, contribute ... en kultiveer* die ywer, energie, geesdrif, entoesiasme, passie waartoe jy geroep is.

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“There is no passion to be found playing small — in settling for a life that is less than the one you are capable of living.” — Nelson Mandela



GIVING TRANSFORMS **HAVING INTO BEING**



~ NADIA’S THEME — HENRY MANCINI ~

Love is the central flame of the universe,
nay, the very fire itself.

It is written that God is Love,
and that we are His expressed likeness,
the image of the Eternal Being.

Love is self-givingness through creation,
the impartation of the Divine
through humanity.

Love is an essence, an atmosphere,
which defies analysis, as does Life Itself.

It is that which IS and cannot be explained:
it is common to all people, to all animal life,
and evident in the response of plants to those who love them.

Love reigns supreme over all.

The essence of love, while elusive, pervades everything,
fires the heart, stimulates the emotions,
renews the soul and proclaims the Spirit.

Only love knows love, and love knows only love.

Words cannot express its depths or meaning.

— Ernest Holmes, ‘The Science of Mind’ —

Be the Awareness
of the Presence of God

~ YOU TAKE MY BREATH AWAY - EVA CASSIDY ~