

DIE FONDASIE VAN NEO-SPEKTRUM:

Hier ontmoet ons 'n God wat LEWE en LIEFDE is
Hier erken ons dat die KRAG wat in ons is nie van ons is nie
Hier laat ons 'n GELOOFWAARDIGE stem hoor
Hier word alle mense MENSWAARDIG behandel
Hier is ruimte vir ANDERSDENKENDES
Hier gee 'n wysheidsirkel aan elkeen 'n STEM
Hier is geen VERWYDERING of VEROORDELING nie

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SK (Vyf gelowe) — 5 Augustus
Ete & Veiling — 25 Augustus

BOEKGROEP
Maandag 7 Augustus 19h00
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Marseille 15, Pinehurst

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA
Naam en Van _____

E-Mail _____ Sel _____

ADRES: 7 BICCARD STR. DURBANVILLE

Vanaf N1 — Durbanweg/Willie van Schoor afrit, reguit ± 8km tot by sirkel,
uit in Koebergweg, tweede straat regs is:

MAAK VIR ONS 'N MAANDELIKSE BYDRAE ASSEBLIEF

Bankrekening vir bydraes

ABSA: Neo-Spektrum

Takkode: **632005**

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*Vorms is ook beskikbaar indien jy
'n debietorder wil teken*

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NEO-SPEKTRUM

9 JULIE 2017

INTENSIES

VERSNELLERS VAN BEWUSSYN

STILTE IN DIE KAPEL

~ SILENCE — BLISS ~

IN DIE TEENWOORDIGHEID VAN GOD

"Each smallest act of kindness, reverberates across great distances and spans of time — affecting lives unknown to the one who's generous spirit, was the source of this good echo. Because kindness is passed on and grows each time it's passed until a simple courtesy becomes an act of selfless courage, years later, and far away."

— Dean Koontz, *'The Butterfly Effect'* —

Make your ear attentive to wisdom (gokma [f]),
incline your heart to understanding (bi'na [f]);
for if you cry out for wisdom,
lift your voice for understanding;
if you seek her as silver and search for her
as for hidden treasures; then you will understand
the reverence (yir'ah [f]) of the Lord
and find the knowledge (da'at [f]) of God.

— Proverbs 2:2-6 —

STILTE VAN BINNE

VERSNELLERS VAN DIE BEWUSSYN

Die wêreld het genoeg naperers en betersweters; 'worriers' and moaners. Die ego se motiewe en agendas het behoeftes en verwagtinge; projeksies (illusies) wat niks positief manifesteer nie. Te veel mense doen goed sonder enige idee hoekom hul dit doen. Gewete wat gedryf word deur skuldgevoel & vrees het baie te sê maar doen niks daaromtrent nie. Intensies moet reflekteer in aksies.

Intensies vra dat ons aktief sal luister ...

Na die stem van 'n onderskeidingsvermoë; waardes van oortuiging; dit wat 'n Goddelike perspektief bring om die groter prentjie te sien.

Na die stem wat ons lei na wat regverdig, sagmoedig, en liefdevol is; na die waarheid oor onself want die waarheid maak ons vry; na die wysheid van die siel (intuisie) wat sinchroniseer met die wysheid van die hart.

In order for us to know — what you think, you will become; what you despise, you will act out; what you dream, you create; what you fear, you attract; what you confess, you manifest. What you reap, you sow.

WILL, DESIRE, PURPOSE, AIM: (to stretch out)

TURN CONSCIENCE INTO CONSCIOUSNESS —

1. Die stem voor elke gedagte → van intuïsie na intensie.
2. Die h(er)ken voor ons weet → van onthou na verstaan.
3. Die vrae voor ons antwoord → van gister-en-môre na nou.
4. Die stilte voor ons hoor → van wysheid na floreer.
5. Die weet voor ons reageer → van emosies na gevoel.

TURN GOOD INTENTIONS INTO POSITIVE ACTION —

- i. Don't take on too much, you can't stop waves, but can learn to surf;
- ii. Get clarity and organise yourself, and remember: no pain no gain;
- iii. Take responsibility and be accountable without having to blame;
- iv. Don't think 'all or nothing', life is not a competition or victory march
- v. Focus on the positive outcome, stay inspired and don't give up.

First thing in the morning: the importance of kindness and compassion, wishing only good for others, or at least to reduce their suffering. Then I remember that everything is interrelated, the teaching of interdependence. So then I set my intention for the day: that this day should be meaningful. — **Dalai Lama**



GIVING TRANSFORMS HAVING INTO BEING



~ JOY — GEORGE WINSTON ~

"I am grateful for all that this year has given me,
including the lessons it has given to my soul.

This year I will be kinder and more compassionate to myself
and to all beings.

I will stop being so hard on me.

I will laugh more.

I will unplug more.

I will shift into my heart more.

I will make the time to connect to the Divine and feed my spirit.

I will let go of the small stuff.

I will surround myself with uplifting people and activities.

This is my truth and so it is. Amen."

— Eileen Anglin

Verder broers (en susters), alles wat waar is,

alles wat edel is, alles wat reg is,

alles wat rein is,

alles wat mooi is,

alles wat prysenswaardig is —

watter deug of lofwaardige saak daar ook al mag wees,

daarop moet julle jul gedagtes rig.

— Efesiërs 4:8 —

Be the Awareness Of the Presence of God

~ REBIRTH — BRUNUHVILLE ~