

DIE FONDASIE VAN NEO-SPEKTRUM:

Hier ontmoet ons 'n God wat LEWE en LIEFDE is
Hier erken ons dat die KRAG wat in ons is nie van ons is nie
Hier laat ons 'n GELOOFWAARDIGE stem hoor
Hier word alle mense MENSWAARDIG behandel
Hier is ruimte vir ANDERSDENKENDES
Hier gee 'n wysheidsirkel aan elkeen 'n STEM
Hier is geen VERWYDERING of VEROORDELING nie

KONTAKBESONDERHEDE

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ACIM: Na skoolvakansie
SK (Vyf gelowe) — 5 Augustus
Ete & Veiling — 25 Augustus

BOEKGROEP
Maandag 7 Augustus 19h00
lydia@afriagrowth.com
Marseille 15, Pinehurst

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA
Naam en Van _____

E-Mail _____ Sel _____

ADRES: 7 BICCARD STR. DURBANVILLE

Vanaf N1 — Durbanweg/Willie van Schoor afrit, reguit ± 8km tot by sirkel,
uit in Koebergweg, tweede straat regs is:

MAAK VIR ONS 'N MAANDELIKSE BYDRAE ASSEBLIEF

Bankrekening vir bydraes

ABSA: Neo-Spektrum

Takkode: **632005**

Rekening: **4083481065**

*Vorms is ook beskikbaar indien jy
'n debietorder wil teken*

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NEO-SPEKTRUM

23 JULIE 2017

INTEGRASIE

VERSNELLEERS VAN BEWUSSYN

STILTE IN DIE KAPEL

JESU, JOY OF MAN'S DESIRING — JOSH GROBAN

IN DIE TEENWOORDIGHEID VAN GOD

Listen to the Exhortation of the Dawn!
Look to this Day!

For it is Life, the very Life of Life.

In its brief course lie all the
Verities and Realities of your Existence.

The Bliss of Growth,
the Glory of Action,

the Splendour of Beauty;

for Yesterday is but a Dream,

and Tomorrow is only a Vision;

but Today well lived makes
every Yesterday a Dream of Happiness,
and every Tomorrow a Vision of Hope.

Look well therefore to this Day!
such is the Salutation of the Dawn!

— KALIDASA —

STILTE VAN BINNE

VERSNELLERS VAN DIE BEWUSSYN

*"The Bushmen in the Kalahari Desert talk about the two 'hungers'. There is the **Great Hunger** and there is the **Little Hunger**. The Little Hunger wants food for the belly; but the Great Hunger, the greatest hunger of all, is the hunger for meaning ... There is ultimately only one thing that makes human beings deeply and profoundly bitter, and that is to have thrust upon them a life without meaning. There is nothing wrong in searching for happiness. But of far more comfort to the soul is something greater than happiness or unhappiness, and that is meaning. Because meaning transfigures all. Once what you are doing has for you meaning, it is irrelevant whether you're happy or unhappy. You are content, you are not alone in your Spirit – you belong."* — **Laurens van der Post**

Van intuïsie na intensie na inspirasie na integrasie ...

"You are a distinct portion of the essence of God, and contain a certain part of Him in yourself. Why then are you ignorant of your noble birth? You carry God within you, poor wretch, and know nothing of it." — **Epictetus**

TO FIND DIVINE INTEGRATION: (being WHOLE)

WHOLENESS, HEALING, HOLY — ONE AND THE SAME THING —

1. **THREE TIMES FOUR IS THREE** — purpose, calling, meaningfulness / courage, compassion, connection / consciousness, awareness, presence / belonging, interconnected, wholeness
2. **ATTACHED BUT NOT CONNECTED** — liefde sê, 'as you wish'; liefde sê, "I want you to be happy"; liefde sê, "ons is één"; **love is connection**
"I define connection as the energy that exists between people when they feel seen, heard, and valued; when they can give and receive without judgment; and when they derive sustenance and strength from their relationship." — **Brené Brown**
3. **TO LIVE AN ORDINARY LIFE IN AN EXTRAORDINARY WAY** — padkos vir die reis: stiltetyd, simplisiteit, seëninge, selfwaarde, spiritualiteit
"One day, this shallow living will not be enough for you. You are gifted with a questioning mind that will marvel at the deepest parts of the world around you. It will crave divine understanding because you are part of the divine whole, and it is the nature of the soul to seek to return to its spiritual state." — **Grace Sara**



GIVING TRANSFORMS HAVING INTO BEING



~ LES MOULINS DE MON COEUR — FRIDA BOCCARA ~

*O man of earth! canst thou say "I am ready, God;
I dedicated by life to Thee?"*

Use my life as Thou wouldst see,
A benefit that it shall be to my fellow man.

May my eyes see for Thee
*The pain expressed in the urchin's face,
Distress upon the wayward's brow.*

Use my feet, O Father God!
*That I may walk in paths on earth as Thou wouldst have me walk,
That I may carry Thy message of Light,
Thy message of Life, to man who in darkness dwells.*

Use my hands, O Father God!
*To reach to them who need Thy help,
To bestow Thy blessings and to receive
Only that, O Lord of Hosts!
Only that which comes from Thee.*

Take my Life and let it be dedicated unto Thee."
— *Prayer for the Shekinah (Presence): Kabbalah* —

**Be the Awareness
Of the Presence of God**

~ ONE MORE LIGHT — CHESTER BENNINGTON ~