#### DIE FONDASIE VAN NEO-SPEKTRUM:

Hier ontmoet ons in God wat LEWE en LIEFDE is Hier erken ons dat die KRAG wat in ons is nie van ons is nie Hier last ons'n GELOOFWAARDIGE stem hoor Hier word alle mense MENSWAARDIG behandel Hier is ruimte vir ANDERSDENKENDES Hier gee'n wysheidsirkel aan elkeen'n S1EM Hieris geen YERWYDERING of YEROORDELING nie

#### KONTAKBESONDERHEDE

Terblanche Jordaan Tel: 083.460.45.45 terblanche1@telkomsa.net Webblad: www.neo-spektrum.com

Facebook: Neo-Spektrum

Leierspan: dksmith1000@gmail.com

ACIM: Stad: 9 April 19h30

Kolping: (Wo) 28 Maart 19h30

9am Sondae 'Centering Prayer'

#### BOEKGROEP

Maandag 2 April 19h00 lydia@africagrowth.com Marseille 15, Pinehurst

BESONDERHEDE VIR EPOS NUUSBRIEF EN SMS TEMA Naam en Van

E-Mail

#### ADRES: 7 BICCARD STR. DURBANVILLE

Vanaf N1 — Durbanweg/Willie van Schoor afrit, reguit ± 8km tot by sirkel, uit in Koebergweg, tweede straat regs is:

#### MAAK VIR ONS 'N MAANDELIKSE BYDRAE ASSEBLIEF

Bankrekening vir bydraes **ABSA: Neo-Spektrum** Takkode: 632005 Rekening: 4083481065

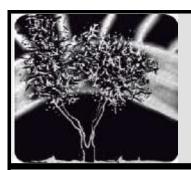
Vorms is ook beskikbaar indien jy 'n **debietorder** wil teken

SnapScan Download APP vir jou foon. Installeer en

aebruik met

veiligheid.





## NEO-SPEKTRUM 25 MAART 2018

~ DRA JOU KRUIS ~

DIE KRAG VAN VERGIFFENIS

#### STILTE IN DIE KAPEL

~ Mystery of Light — Deuter ~

#### IN DIE TEENWOORDIGHEID VAN GOD

People are (sometimes) illogical, unreasonable, and self-centred. Love them anyway.

If you do good, people will accuse you of selfish ulterior motives. Do good anyway.

If you are successful, you will win false friends and true enemies. Succeed anyway.

The good you do today will be forgotten tomorrow.

Do good anyway.

Honesty and frankness make you vulnerable.

Be honest and frank anyway.

The biggest men and women with the biggest ideas can be shot down by the smallest men and women with the smallest minds.

Think big anyway.

People favour underdogs but follow only top dogs.

Fight for the underdogs anyway.

What you spend years building may be destroyed overnight. Build anyway.

People really need help but may attack you if you do help them.

Help people anyway.

Give the world the best you have and you'll get kicked in the teeth. Give the world the best you have anyway."

- Kent M. Keith -

### VERGIFFENIS: neem jou kruis op en volg my

"As enige iemand wens om agter my aan te kom, moet hy homself ontken (agterlaat), en sy kruis opneem en my volg. Want wie ook al wens om sy lewe te red, sal dit verloor, maar wie ook al sy lewe verloor om my ontwil, sal dit vind. Want wat baat dit 'n mens as hy die hele wêreld bekom maar sy siel verloor? Of wat sal 'n mens gee in ruil vir sy siel?" (Matteus 16:24-26)

## VERGIFFENIS: from separation to wholeness

"So ver as die Ooste van die Weste, so ver het God my oortredinge verwyder," (Psalm 103:12) because, "The Lord is full of compassion and love, slow to anger and great in lovingkindness." (Psalm 145:8)

"Forgiveness is not about forgetting. It is about letting go of another person's throat ... Forgiveness does not create a relationship. Unless people speak the truth about what they have done and change their mind and behaviour, a relationship of trust is not possible. When you forgive someone you certainly release them from judgment, but without true change, no real relationship can be established ... Forgiveness in no way requires that you trust the one you forgive. But should they finally confess and repent, you will discover a miracle in your own heart that allows you to reach out and begin to build between you a bridge of reconciliation... Forgiveness does not excuse anything You may have to declare your forgiveness a hundred times the first day and the second day, but the third day will be less and each day after, until one day you will realize that you have forgiven completely. And then one day you will pray for his wholeness......" — William Paul Young, 'The Shack'

## VERGIFFENIS: responsibility and change

- □ Die Kruis Find your own path to love (consciousness)
- Die Kruis What belongs to Jesus, is given to you (awareness)
- ☼ Die Kruis God's care lies in our compassion and care (presence)
- ☼ Die Kruis Dare to stand in your suffering (awakening)
- ୖୖ Die Kruis Forgiveness is the key to set you free **(rebirth)**
- There's no love without forgiveness, and there is no forgiveness without love.
- Forgiveness is an act of WILL na'sa (carry/lift up) aphiemi (let go/let it be)



# GIVING TRANSFORMS HAVING INTO BEING



~ ELYSIAN FIELDS — DEUTER ~

"As jy sondig, wat doen dit aan God, as jy baie keer oortree, hoe raak dit Hom, as jy sonder sonde is, wat baat dit Hom, wat kry Hy van jou?

Jou sonde raak jou medemens en jou onskuld raak jou medemens."

— Job 35:6-8 —

"I love you because you are beautiful, made in my own image, an expression of my most intimate love.

Do not judge yourself. Do not condemn yourself.

Do not reject yourself. Let my love touch the deepest, most hidden corners of your heart and reveal to you your own beauty, a beauty that you have lost sight of, but that will become visible to you again in the light of my grace.

Come, come, let me wipe your tears, and let my mouth come close to your ear and say to you, 'I love you, I love you, I love you.'"

— Henri Nouwen, 'The Road to Daybreak' —

## Be the <u>Awareness</u> of the <u>Presence</u> of God

~ ONLY ONE TIME — ENYA ~